

ድህረ ገጽ

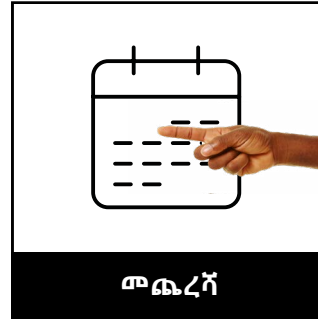
ለመጨረሻ ጊዜ የወር አበባ ያየሽው መቼ ነበር?



አንቺ



የወር አበባ



መጨረሻ

መስከረም

ጥቅምት

ህዳር

ታህሳስ

ጥር

የካቲት

መጋቢት

ሚያዚያ

ግንቦት

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ሀምሌ

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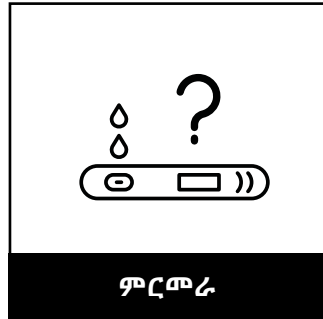
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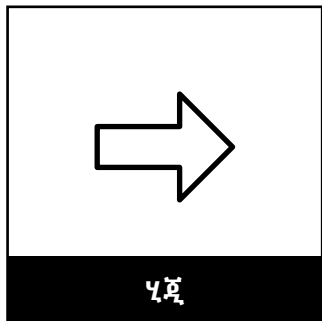
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የእርግዝና ምርመራ ማድረግ እፈልጋለሁ



ለብራቶሪ ሂጂ



ሽንት ስጪ



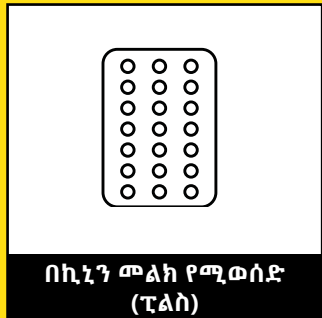
የወሊድ መቆጣጠሪያ ያላገልግሎት ስትጠቀሙ ነበር?



የወሊድ መቆጣጠሪያ ዘዴዎች



አንቺ



በኪኒን መልክ የሚወሰድ (ፕልስ)



በመርፌ የሚወሰድ



የወንድ ኮንዶም



የሴት ኮንዶም



በጣህጸን ውስጥ የሚቀመጥ የወሊድ መቆጣጠሪያ

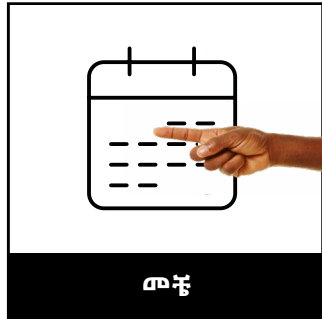


የቀን አቆጣጠር ዘዴ



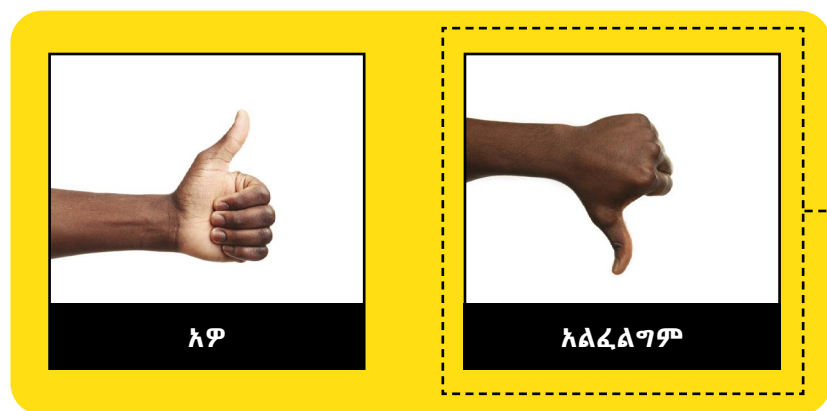
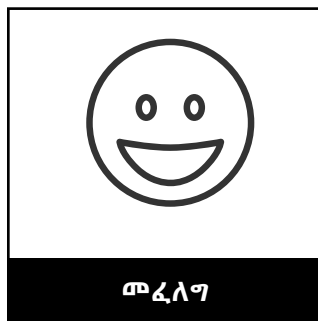
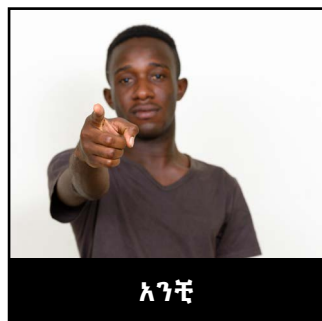
በክንድ የሚቀበር የወሊድ መቆጣጠሪያ

መቼ አቆምሽ?



ጥር		የካቲት		መጋቢት		ሚያዝያ		ግንቦት		ሰኔ	
ሀምሌ		ነሀሴ		መስከረም		ጥቅምት		ህዳር		ታህሳስ	
1	2	3	4	5	6	7	8	9	10	11	12
13	14	15	16	17	18	19	20	21	22	23	24
25	26	27	28	29	30	31					

ጭርገዝ ትፈልጊያለሽ?



እስካሁን ስንት ጊዜ አርግዘሻል?



አንቺ



እርጉዝ



ስንት ጊዜ



ዜሮ ጊዜ



አንድ ጊዜ



ሁለት ጊዜ



ሶስት ጊዜ



አራት ጊዜ



አምስት ጊዜ



ስድስት ጊዜ

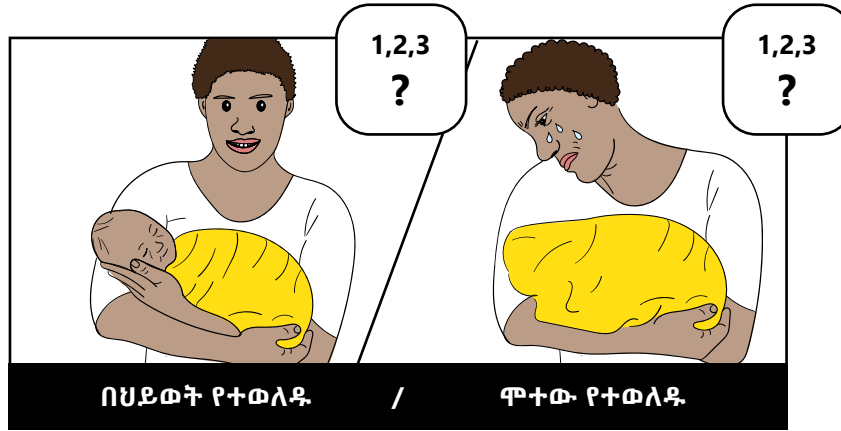


ሰባት ጊዜ

ስንት በህይወት የተወለዱ ህፃናት አሉሽ?



አንቺ



በህይወት የተወለዱ

/

ሞተው የተወለዱ



ዘር ጊዜ



አንድ ጊዜ



ሁለት ጊዜ



ሶስት ጊዜ



አራት ጊዜ



አምስት ጊዜ

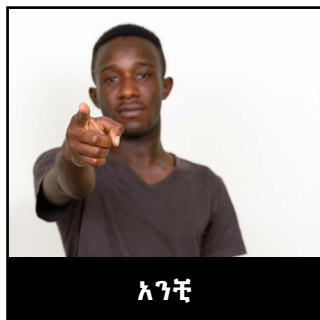


ስድስት ጊዜ

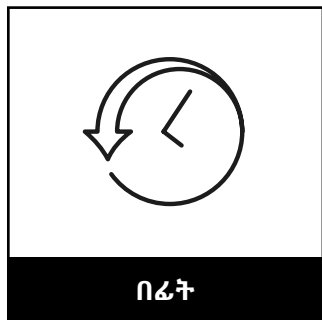


ሰባት ጊዜ

ከዚህ በፊት ከወለድሻቸው ህጻናት የጤና ወይም የህክምና ችግር ያጋጠመው አለ?



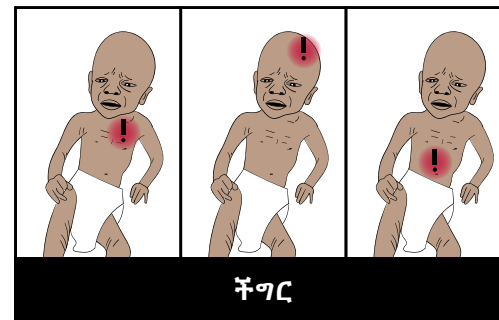
አንቺ



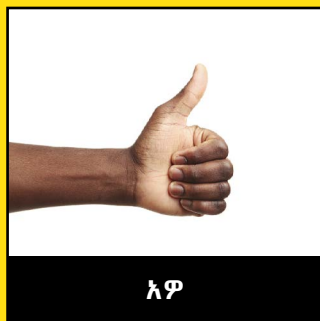
በፊት



ከተወለዱ



ችግር

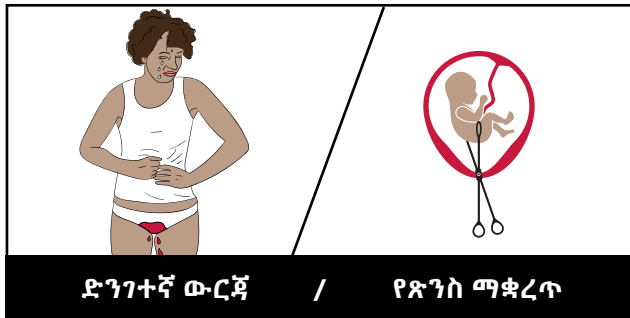


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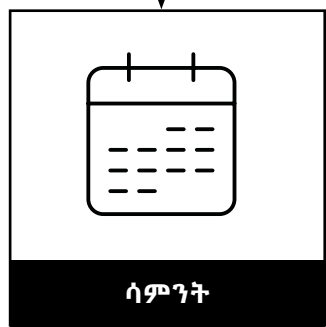


አያውቅም

ድንገተኛ ውርጃ ወይም ፅንሰ ማቋረጥ ፈፀመሽ ታውቂያለሽ



አዎ? በስንተኛው ሳምንት

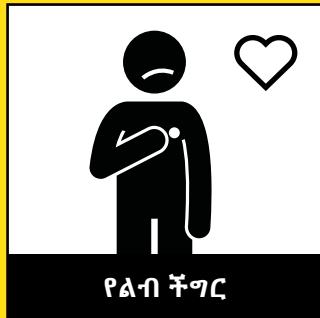


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እንዲህ አሉብሽ?



አንቺ



የልብ ችግር



ስር የሰደደ የደምግፊት



የስኳር በሽታ



ጭንቀት

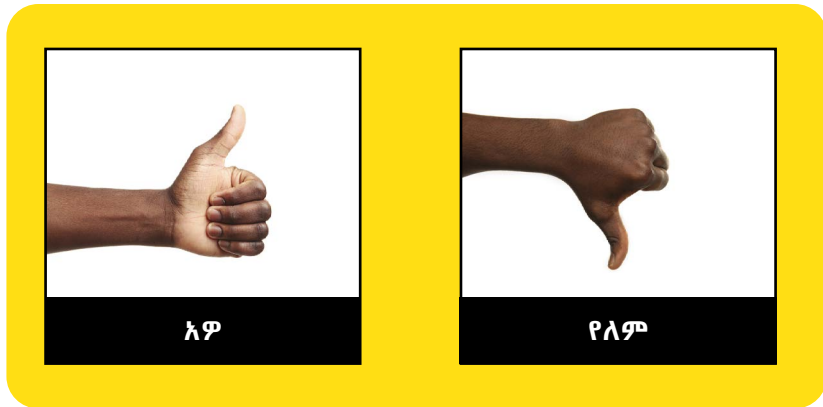


የመድሀኒት አላርጂ

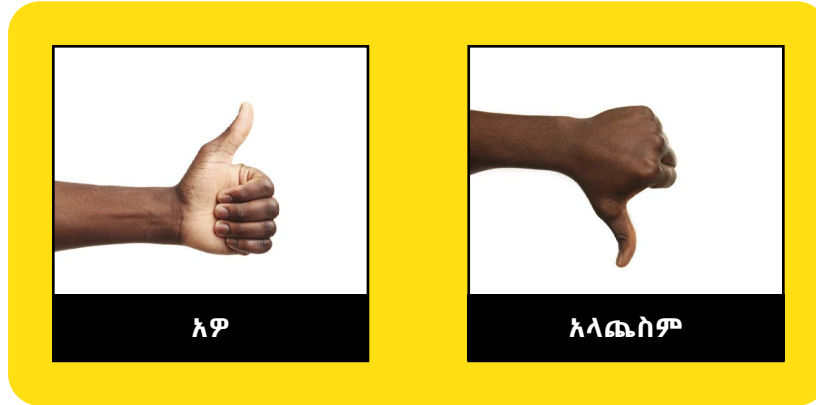
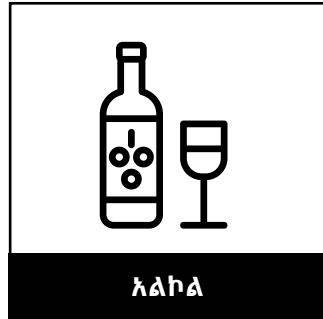


የአዕምሮ ጤና ችግር

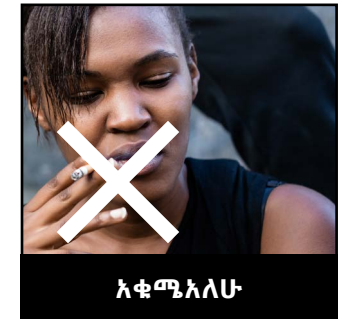
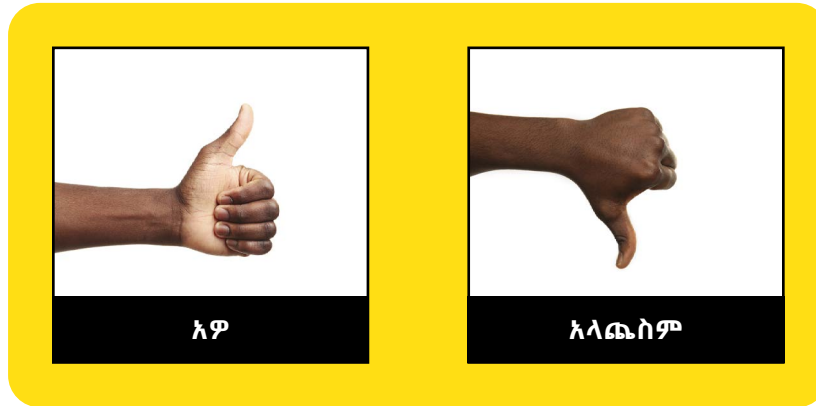
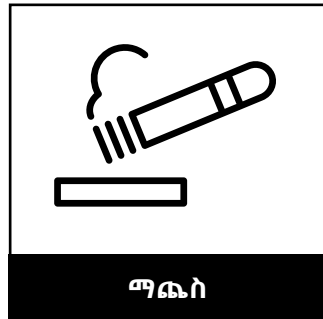
እየወሰድሽ ያለሽው መድሐኒት አለ?



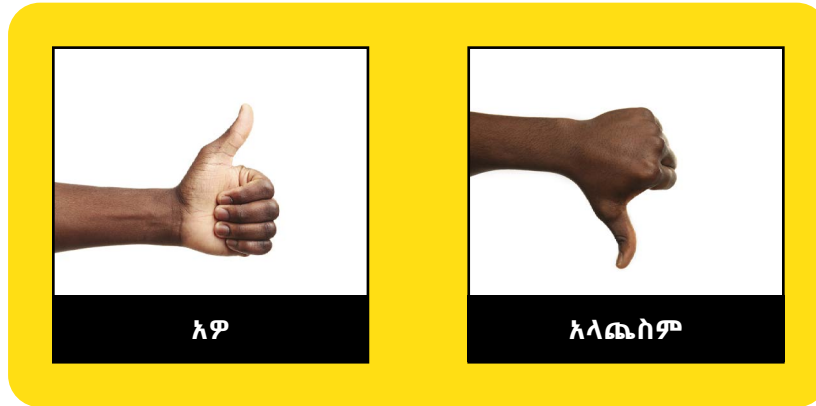
አልኮል ትጠፍደለሽ?



ሲጋሬታ ጭገደለሽ?



አደንዛዥ እፅ ተጠቃሚ ነሽ?



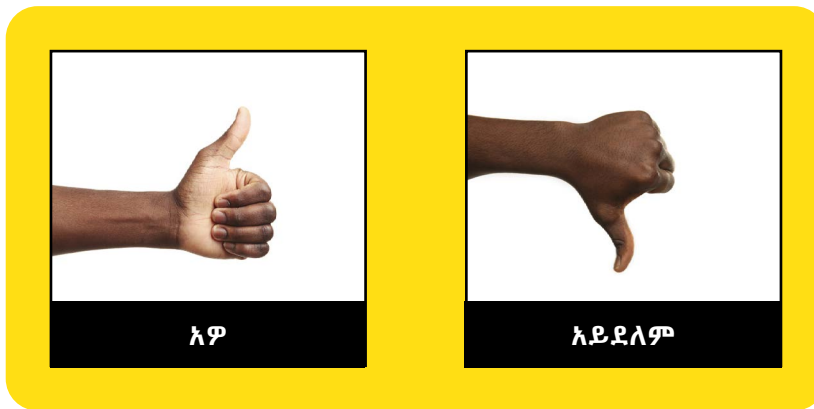
ፎሊክሲድ እየወሰድኝ ነው?



አንቺ



ፎሊክሲድ



አዎ

አይደለም



ጀምራለሁ

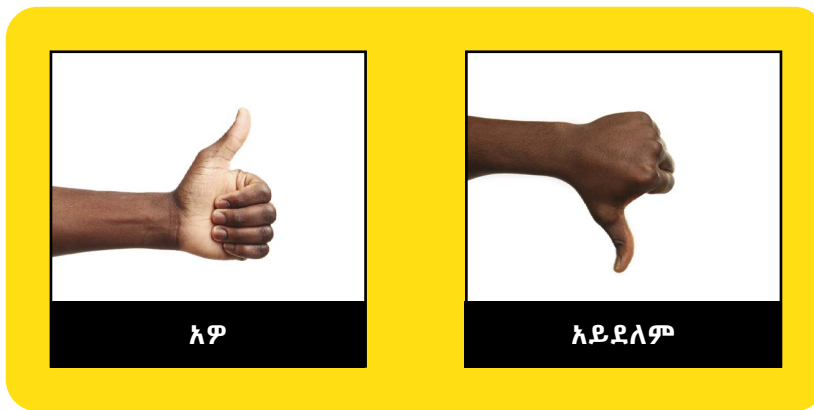
ካልሲየም እየወሰድኝ ነው?



አንቺ



ካልሲየም



አዎ

አይደለም



ጀምራለሁ

እርግጠኛ መሆን



አንቺ



አስፈላጊ

የተመጣጠነ ምግብ መውሰድ



መመገብ

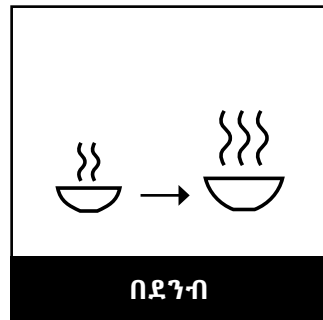


የተለያዩ ምግቦች

ከተለመደው መጠን ተጨማሪ መመገብ



መመገብ



በደንብ

የግል ንጽህናን መጠበቅ



ራስን ማጠብ

በቂ እረፍት መውሰድ

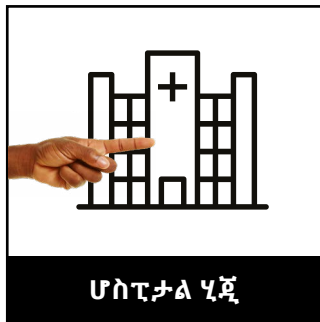


እረፍት

ከነዚህ ውስጥ ያጋጠማቹ ካለ



በፍጥነት ወደ ሆስፒታል ወይም ጤና ጣቢያ ሂጂ



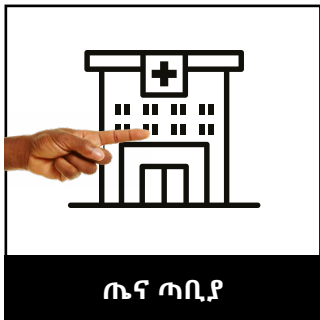
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<p>የጽንሰ እንቅስቃሴን አለመሰማት</p>	<p>ከብልት ፈሳሽ መፍሰስ</p>	<p>ከባድ የሆድ ህመም</p>
<p>ትኩሳትና ከአልጋ ለመውጣት በከባድ ሁኔታ መድከም</p>	<p>መንቀጥቀጥ</p>	<p>ከምጥ የህመም ስሜት ውጪ የእንሽርት ውሀ መፍሰስ</p>
<p>ከባድ የትንፋሽ መቆራረጥ</p>		

ከነዚህ ውስጥ ያጋጠማቸው ካለ

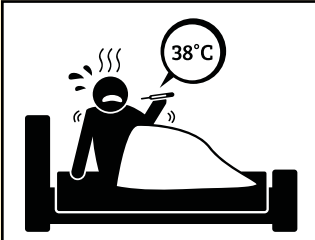
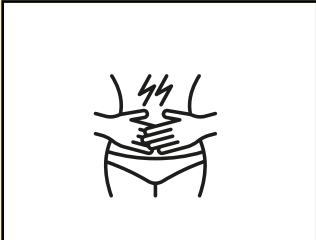



አጎቹ

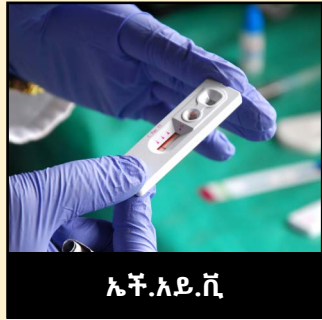
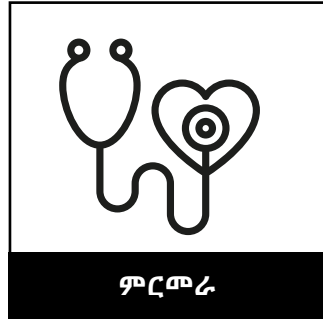
በፍጥነት ወደጤና ጣቢያ ሂጂ



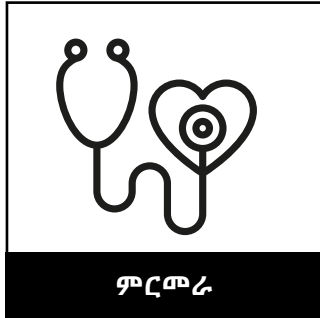
ጤና ጣቢያ

 <p>ትኩሳት</p>	 <p>የሆድ ህመም</p>	 <p>የእግርና እጅ እብጦት</p>
 <p>የህመም ስሜት</p>	 <p>ማቅለሽለሽ</p>	

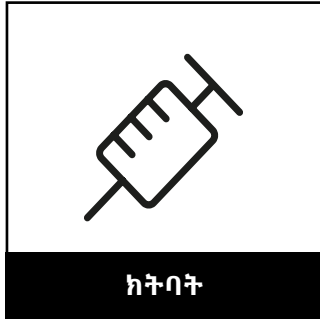
አሁን የተለያዩ ምርመራዎችን አድርግልሻለሁ



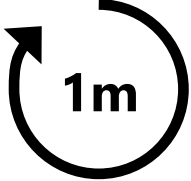
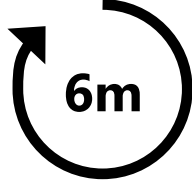
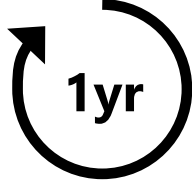
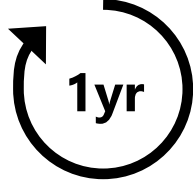

አሁን የምናደርገው



የቴቴ (ቴታነስ ቶክሶይድ) መርፌ ተወግተሻል?



የክትባት ጊዜያት

#1				
የመጀመሪያው ክትባት	ከአንድ ወር በኋላ	ከስድስት ወር በኋላ	ከአንድ አመት በኋላ	ከአንድ ተጨማሪ አመት በኋላ
				
ክትባት				

